



AVIVA EXPERT EXPERIENCE

ROCKINGHAM WESTERN AUSTRALIA



Case Study

- § **MR CT, 27yr old, very mild intellectual learning handicap**
- § **T1DM since age 8yrs**
- § **MDI since 1988**
- § **HbA1c 8.3%(2012) 7.6% (2013)**
- § **Major Hypoglycaemic episodes x3 last year**
- § **No major Hypo's since use of Aviva on fixed doses**

Case Study

- § **Attended SMaRT1E 2011, Given Aviva Expert Feb 2012 uses in advanced mode (carb counting in grams)**
- § **HbA1c now 7.2%**
- § **no major Hypoglycaemic or Hyperglycaemic episodes, BGL's much more stable.**
- § **Ms TC very Happy much easier to self manage no need to worry about Calculations of insulin doses**

Case Study

- § **Mr DS attended SMaRT1E 2012, Given Aviva Expert at end of program**
- § **Prior Hyperglycaemic episodes ranging from 12 to 20mmol/L, multiple DKA episodes**
- § **Now BGL's much more stable between 4-8mmol/L.**
- § **HbA1c currently 6.8%**
- § **Mr DS very Happy no further ketosis**
- § **Now finally self managing his diabetes**

Case Study

- § **Attended clinic following Transition from Paediatric setting**
- § **HbA1c 11.4%**
- § **Variable BGL's 2-20mmol/L**
- § **Ms BB wanting drivers licence renewal**
- § **Given education and Aviva meter on fixed dose mode**
- § **HbA1c finally below 9% after 2 months**
- § **Now ready to attend SMaRT1E to enable the transition to the advanced feature of carb counting.**